



Fact Sheet:

Adenoidectomy

After Surgery

- Pain following this surgery is usually minimal.
- Paracetamol and/or Ibuprofen May be required for a few days or up to a week afterwards
- It is common to feel throat or ear discomfort for 5 - 7 days.
- A low-grade temperature is not uncommon following the adenoidectomy. This does not typically require antibiotics, however please contact the rooms if you are concerned.
- Smelly/bad breath can persist for up to a few weeks after surgery.
- Nasal congestion/swelling usually occurs afterwards. As the swelling improves, a runny nose and/or cough can occur.
- Slight bleeding can occur from the nose.
- Very rarely the neck can become stiff with the child holding their head to one side. If this occurs please contact the rooms urgently.

Follow up after surgery

- A follow up appointment is typically arranged for 4 - 6 weeks after surgery.
- Typically a hearing test will be arranged, if grommets were placed in the ears at the same time.
- If there are any other concerns, please contact the rooms.